

## HOW CAN I GET DOSIMETER (BADGE) REPORT ON LINE? Job Aid

- 1. To access your dosimetry records:
  - Log on to www.myldr.com using the following information
    - USERNAME: virginia\_cw

o PASSWORD: R@di@ti0n

(NOTE: This is a ZERO!)

2.

Once logged in, enter our account number: 001868



To locate your Serial number, "pop" the dosimeter out of the clip and look on the back. You will find your serial number there.

3. Once you are logged in, scroll down the page to review your reports.

## \*IMPORTANT TO REMEMBER\*

- 1. You may look up your own dose at any time.
- 2. If you have trouble accessing your history your records are also kept on file for 3 years with your badge coordinator and for your lifetime in the Radiation Safety Office. Please contact the RSO at 804-828-9131 with any questions.
- 3. Dose records are reviewed by the Radiation Safety Office each wear period. If you exceed allowable dose levels within a quarter or if your dose appears to be trending upward you will be contacted by the Radiation Safety Office.
- 4. If you need assistance interpreting your dose history or have any questions please contact the Radiation Safety Office at 804-828-9131 or Sara Adams at sladams@vcu.edu.